

# Colette Marie Andrée

**Address :** Oberwilerstr. 48, CH-4103 Bottmingen  
Switzerland  
**Tel.:** +41 61 423 10 80 / +352 58 92 39  
**Tel mob** +4179 211 22 52

**E-mail:** colette.andree@crp-sante.lu / migraine\_action@vtxmail.ch



- Coordinator and teacher for 'Health Care', Dep. of Pharmaceutical sciences, University Basle
- Initiator and project leader of 'Eurolight' (EC accepted Research Project with 28 partners on the impact and prevalence of primary headache disorders in Europe. May 2007-April 2011)
- Initiator and project leader of e-TEACCH (Training, Education, Assessment and Communication Competence Center in Headache- National Research Fund research project starting May 2011-May 2014)
- Partner of the 'Global Burden of Headache' Campaign of the World Health Organization. (WHO)
- Co-founder and director of the World Headache Alliance, international patient organization. (International NGO)
- Co-founder of the European Headache Alliance (European NGO)
- Initiator and Director of the 'Swiss Migraine Action'
- Initiator and responsible since 15 years for the Swiss National Headache Helpline taking more than 1500 calls per year with a database over 5500 sufferers
- Co-founder of the Swiss Headache Society
- Initiator of clinical trials resulting in a new approach of treatment of migraine; of the National Pharmacist Campaign against Headache; of Headache in Schools initiative
- Author and co-author of educational material, videos and learning CD, support material (e.g. annual headache magazine with circulation of 20'000)
- Project website [www.eurolight-online.eu](http://www.eurolight-online.eu) design and content development
- National Headache Website [www.migraine-action.ch](http://www.migraine-action.ch) design and content development
- Approved national opinion leader on pain and point of reference for media (TV and press). Over 48 educational and training speeches per annum. (Universities, hospitals and public forums). Expertise in promoting /public awareness (different media)
- **Fluent in French, German, English; mother tongue Luxemburgish; some knowledge Dutch, Spanish and Italian**

## Professional Experience

2011- 2014	<b>CRP-Santé, project leader e-TEACCH</b> (Project initiator and leader, e-Headache Competence Center, grant by the National Research Fund)
2007-present	<b>Health Coaching consultant, Health Invest AG</b> , Switzerland (pharmacy and health professional coaching: marketing and health consulting)
2007- present	<b>CRP-Santé, project leader Eurolight</b> (Project initiator and leader, EC, European Headache Impact Project in 15 countries with 24 partners supported by a grant of the European Commission)
2004-present	<b>University Basle.</b> Dep. Pharmaceutical sciences. Coordinator and Teacher 'Health Care' (chronic pain diseases: osteoporosis, arthritis, joint problems, rheumatism, back pain, headache disorders; sport injuries; drug dependence, incontinence; flu; nutrition: healthy nutrition, weight management, doping, sport nutrition)
2004-2007	<b>Center of Public Health Research (L) CRP-Santé</b> , Project initiator and leader 'prevalence +impact of migraine in the Luxembourg population', grant by the National Research Fund
2001-present	<b>Migraine Action/Kopfschmerzhilfe Schweiz.</b> Program Director
1994 – 2007	<b>Swiss Migraine Trust Foundation</b> (NGO). Executive Director

June 91 - April 94      **Janssen Pharmaceutica AG, Baar, Switzerland.** Line Manager for Neurology, Allergology and Cardiovasculars  
 Dec 88 - May 91        **Ciba-Geigy AG, Basle.** Product Manager Cardiovasculars  
 Jul 86 - Sept 88        **Hoffmann-La Roche, Basle.** Marketing Trainee, International Medical Advisor Rheumatology.

### Memberships and organizational experience

- Member of the American Headache Society (AHS) (since 2012)
- Director World Headache Alliance (WHA) (2012)
- Member of the International Headache Society (IHS) (since 2010)
- Advisory Board for the pharmaceutical industry and pharmacist organizations (2009- until today)
- Member Swiss Society for Pharmaceutical Sciences (since 2008)
- Reviewer for the EC for the FP6 Framework (Streps) (since 2007-until today)
- Evaluator to the EC for the 7<sup>th</sup> Framework ICT (Integrated Projects) (since 2007-until today)
- Member of Task Force for Chronic Diseases Public Health Executive Committee (EC) (since 2007)
- Foundation Member European Headache Alliance (EHA) (2006-until today)
- Member Swiss Industrial Pharmacists (1998-until today)
- Foundation Member of the World Headache Alliance (WHA) (1997)
- Educator continuous learning for the National Swiss Pharmacists Association (1998-until today)
- Foundation Member of the Swiss Headache Society, Therapeutic. Committee (1996-until today)
- Administrative Secretary Swiss Neurology Society (92-94)

### Education

2006 - 09                PHD: Department of Pharmaceutical Sciences, Basle, University Hospital Zurich, Basle (neuroscience) June, 2009  
 1983 - 86                Basle University, Pharmaceutical Institute, MSc pharm  
 1979 - 83                Basle University, Chemical Institute, BSc chem  
 1972 - 79                High School, Branch Sciences (Biology, Chemistry, Physics, Mathematics, Latin), Luxembourg

**Date of Birth:** 15.04.60; **Nationality:** Luxemburgish / Swiss

### Publications peer reviewed

- M Linde, A Gustavsson, LJ Stovner, J Barré, Z Katsarava, JM Lainez, C Lampl, M Lanteri-Minet, D Rastenyte, E R Torre, TJ Steiner, C Tassorelli, P Vriezen and C Andrée. The cost of headache disorders in Europe. The Eurolight project, European journal of Neurology. May 2012
- A Gustavsson, M Linde, C Andree M. Cost of disorders of the brain in Europe 2010, Eur. Neuropsychopharmacol. October 2011
- Andrée C, Stovner LJ, Steiner TJ, Barré J, Katsarava Z, Lainez JM, Lanteri-Minet M, Mick G, Rastenyte D, Ruiz de la Torre E, Tassorelli C, Vriezen P and Lampl C. The Eurolight Project: The impact of primary headache disorders in Europe - J Headache Pain. 2011 May 16
- Stovner L, Andrée C, On behalf of the Eurolight Steering Committee. Prevalence of headache in Europe: a review for the Eurolight project. J Headache Pain. 2010 May 16
- Andrée C, Vaillant M, Barre J, Katsarava Z, Lainez MJ, Lair ML, Lanteri-Minet M, Lampl C, Steiner TJ, Stovner LJ, Tassorelli C, Sándor. Development and validation of the EUROLIGHT questionnaire to evaluate the burden of primary headache disorders in Europe. Cephalalgia April 2010.
- Alexandre Bisdorff, Colette Andrée, Michel Vaillant, Peter S. Sándor. Prevalence and impact of headache-associated dizziness. In review September 2009. Journal of Neurology, Neurosurgery, and Psychiatry.
- Stovner L, Andrée C, On behalf of the Eurolight Steering Committee. Impact of headache in Europe: a review for the Eurolight project. The Journal of Headache and Pain. 2008;9:139-46.
- Andrée C, Vaillant M, Rott C, Katsarava Z, Sandor PS (2008) Development of a self-reporting questionnaire, BURMIG, to evaluate the burden of migraine. J Headache Pain 9: 309-315.
- Andrée C, Kopfschmerzen und Migräne, Official Swiss Pharmaceutical Manual 2007-today, 329-335.
- Bisdorff A, Sobocki P, Cloos JM, Andrée C, Graziano ME. Cost of disorders of the brain in Luxembourg. Bull. Soc. Sci. Méd. p 347-N° 3/2006.

### Non peer-reviewed publications

- Colette Andrée, Matthias Vogelsgesang, Beratung in der Apotheke, Akute Migräneschmerzen: Ein spannendes Beratungsfeld pharmaJournal Ausgabe 09| eprinted in 05.2010 (Ars Medici Switzerland Sept. edition 2010)
- Andrée C, Gap assessment: identifying areas for future (European Commission DG SANCO ) July 2007.
- Andrée C, Migräne: Anfallbereitschaft vermindern, Psychiatrie & Neurologie 02/07,10-11.
- Headache Disorders and Public Health, WHO/MSD,MBD/00.9 ( participant)
- Andrée C, Migräne, Schweizer Apothekerzeitung, 12/2006, 475-478.
- Andrée C, Behandlung der Migräne, med.pharm.drog.hosp 01/06.
- Andrée C, Migräne: Der besten OTC-Empfehlung auf der Spur, med.pharm.drog.hosp 02/06.
- Andrée C, Prophylaxe bei Migräne, pharmaJournal 2006;22:27-29.

### **Information and education material for medical professions and for headache sufferers**

- E-learning headache module for university students (2010-present)
- New approach - headache calendar for medical doctors, pharmacists and patients (2011)
- Educational brochure: headache for pharmacists (2011)
- Assisted e-teaching, Module Migraine, Pharmasquare, University Basle (2008-present)
- Project Website [www.eurolight-online.eu](http://www.eurolight-online.eu) design and content development (2007-present)
- Educational brochure, Headache in the Pharmacy, (2006, third edition 2008)
- Adult Headache Calendar (2007)
- Patient brochure 'Headache and Migraine' (2007)
- Assisted teaching, Headache CD, Swiss pharmacy assistants (2006)
- Children Headache Brochure and Headache Diary (2005, second edition 2006)
- National Headache Website [www.migraine-action.ch](http://www.migraine-action.ch) design + content development (2005-2008)
- Annual magazine 'Querkopf/Casse-tête' 2001, 2002, 2003, 2004, 2005
- DVD and Video 'Free YOUR body free YOUR head' (Video 2003, DVD 2005)

### **Scientific Posters**

- Cluster Headache in Europe, London, International Headache Congress, 2012
- The impact and burden of primary headache in Italy 2nd International Conference on Neurology and epidemiology, Nice, 2012
- The cost of headache disorders in Europe, Berlin, International Headache Congress, 2011
- The Eurolight project The Eurolight Project: Highlighting the impact of primary headache disorders in Europe - Description of methods, Berlin, International Headache Congress, 2011
- Colette Andrée, Michel Vaillant, Jessica Barré. Anxiety comorbidity in chronic daily headache sufferers: is there a difference versus other primary headaches? International Headache Congress, Philadelphia 2009.
- Colette A, Vaillant M, Sándor P. Depression as comorbidity in different types of headache. What is the effect of headache frequency? International Headache Congress, Stockholm 2007.
- Bisdorff A, Andrée C, Vaillant M, Sándor P. Le vertige, compagnon négligé des maux de tête. Société des Sciences Médicales, Luxembourg 2007.
- Andrée C, Dargent G, Lair ML. Eurolight: Knowledge is needed for action in Europe
- International Headache Conference, Stockholm 2007.
- Andrée C, Vaillant M, Sándor P. Disability due to headache as measured using WHODAS II, the World Health Organization Disability Assessment Scale. European Headache Congress, Valencia 2006.
- Andrée C, Vaillant M, Rott C, Sándor P Andrée C, Vaillant M, Sándor P. Factors related to the impact of different headache types. The Luxembourg Burden of Migraine (BURMIG) study
- European Headache Congress, Valencia 2006.
- Andrée C, Vaillant M, Rott C, Sándor P. A self-reporting questionnaire on the burden of migraine (BURMIG): development, reliability and validity. International Headache Conference, Kyoto 2005.
- Andrée C, Vaillant M, Rott C, Lair M-L, Wagener Y, Schank J.M, Sándor P. Migraine and other headache prevalence in the Grand Duchy of Luxembourg: First results. International Headache Conference, Kyoto 2005.

### **Other public documents**

- More than 100 press articles in lay press about headache and migraine in Switzerland, Luxembourg, Spain, Austria, France, Germany 1996-2010 (Astrea, Beobachter, Gesundheitstipp, Pulstipp, Wir Eltern, Optima, Santé plus...)
- Over 50 radio interviews about headache in Switzerland, Luxembourg, Spain, Austria, Germany, France (1995-2010)
- TV Headache reports (2000-2010): DOK, Mona Lisa, RTL Santé, Santé France, RTL Lux . Health TV Programm: Gesundheitssprechstunde, Puls

## Invited speaker

- International Headache Congress
- European Public Health association (EUPHA) Congress Malta (November 2012)
- 2nd International Conference (ICNE) on Neurology and epidemiology(November 2012)
- Vème Congrès International d'Epidémiologie (ADELF-Epiter) , Brussels (September 2012)
- International Headache Congress IHC, London(September 2012)
- National Congress Austrian Pain Society, Linz (June 2012, Austria)
- German speaking Neurologist Congress, Pontresina (April 2012, Switzerland)
- Luxembourg Pharmacist Syndicate, Luxembourg-City, Ettelbrück (April and May 2012, Luxembourg)
- International Headache Congress (IHC), Berlin, European Headache Alliance Patient Day (June 2011)
- National Dutch Patient Organization 40<sup>th</sup> Anniversary, University Hospital Leiden (April 2011)
- Annual Meeting Austrian Neurology Society Vienna (March 2011)
- French speaking Neurologist Congress (Tunis, 2010)
- German speaking Neurologist Congress (2010 Germany)
- International Headache Congress, Philadelphia WHO 'Lifting the burden' session (IHC) 2009
- Swiss Drugstore School (2009-today)
- German speaking Neurologist Congress (2008 Austria)
- National Headache Congress, Madrid April 2008
- National Headache Congress, Pavia 2004, Padua 2006, Pavia 2008
- European Commission, DG SANCO Task Force on Major and Chronic Diseases Luxembourg, December 2007
- European Headache Congress in Valencia 2006
- International Headache Congress, Kyoto. WHO session (IHC) 2005
- International Children Headache Congress, Vienna 2002
- Swiss Pharmacist Association (2002-today)
- Swiss Pharmacist Assistant School CAP, AGFAM (2002-today)
- World Health Organization (WHO), Neurological disorders and Public Health, (supporting participant) Geneva, 2000
- International Headache Congress (IHC), London 2000